# MassHealth Dental Benefit Cuts What you need to know

# On March 15, 2002 most adults on MassHealth will lose their current level of dental benefits.

Although many adults will lose their benefits, there are important exceptions for persons with disabilities under a category called "Special Circumstances." People designated by DMA as meeting the criteria may still be eligible for the full range of adult dental services that were covered under the pre-March 15 rules. The following information should be shared with your clients and co-workers.

# Eligibility Criteria

To demonstrate special circumstances, the member must have

- (a) A severe, chronic disability that
  - (i) is attributable to a mental or physical impairment or combination of mental or physical impairments;
  - (ii) is likely to continue indefinitely; and
  - (iii) results in the member's inability to maintain oral hygiene; or
- (b) a clinical condition (such as human immunodeficiency virus or cancer) that has advanced to a stage where an infection resulting from oral disease would likely be life-threatening.

#### For purposes of DMA's dental regulations, "inability to maintain oral hygiene" means that

- (a) the member is unable to
  - (i) independently or with assistance (provided that such assistance actually is available), brush and floss his or her teeth and perform other routine acts of personal hygiene; **or**
  - (ii) report oral pain; or
- (b) the nature of the member's disability is such that routine acts of personal oral hygiene are insufficient to effectively maintain such hygiene.

## **Prior Authorization**

In order to designate a patient under the "special circumstances" category, the dentist seeks "prior authorization" (P.A.):

- ? If DMA receives the P.A. request by MARCH 25, 2002 for a special circumstances designation, then the full range of current adult dental services may be available until MassHealth makes a decision on the request.
- ? If the special circumstances P.A. is denied, an appeal can be filed and the patient can continue getting the full range of adult dental services until the appeal is decided.
- ? A separate P.A. will still be needed for services like crowns and root canals as per MassHealth guidelines.
- ? If DMA receives the P.A. request for special circumstances designation **after** March 25, 2002, the full range of adult dental services is not available until MassHealth approves the request.

# **Special Circumstance Category**

The PA request for SC designation, must include a description of the member's disability or clinical condition, including but not limited to the member's specific diagnosis and expected prognosis, and

- (1) whether, and specifically why, the member's disability results in the member's inability to maintain oral hygiene (a physician, PCC, or dentist may document this requrement5); or
- (2) a description of the member's clinical condition, which has advanced to a stage where an infection resulting from oral disease would likely be life-threatening (only a physician or PCC may document this requirement).

Please not that certain dental practices designated by DMA as Adult Limited Practices or ALPs may use a streamlined method for requesting prior authorization for special cirucms5tances designation.

The P.A. for special circumstances should be submitted to:

Division of Medical Assistance Attn: Prior Approval Unit 600 Washington Street Boston, MA 02111